



CASE STUDY
EMPATHY WEEK 2021

NAME - ANKIT NEGI
COUNTRY - INDIA

TEACHER AMBASSADOR PROFILE

Who you are?

My name is Ankit Negi, and I teach Mathematics and Science to 102 Vth graders (Class of Magicians) in a Government school in Pune, Maharashtra for my Two year Teach For India Fellowship, to become the leaders of the future.



Where did you grow up?

I grew up in Kotdwara, a Town and Tehsil, in the outskirts of the Pauri Garhwal Hills of Uttarakhand state in India.

Why did you become a teacher?

The desire and passion to Teach was always there as I was passionate about teaching and the other being that I want to provide my support in extending elementary and secondary school education to the common people, especially in the lagging hilly regions of Uttarakhand.

Why are you proud to be an Empathy Week ambassador?

I am proud to be an Empathy Week Ambassador as by being a part of this activity I would be able to teach my kids about empathy in action and that empathy is a key element in developing respectful, mindful, and responsible community members in students in school and in their life.

What is your vision for the future?

My vision for the future is "To develop a well formed mind in students in addition to a well educated mind thereby making them problem solvers and self learners."

OUR COUNTRY/TOWN/VILLAGE



Your country / town and village:

India/Pauri Garhwal, Uttarakhand

Some interesting facts

Uttarakhand is a beautiful State with ancient yoga schools, holiday spots, wildlife sanctuaries etc. This state is also known as *Dev Bhoomi* due to many ancient temples all over the state.

What does education look like for students here?

Uttarakhand was centre of education from the ancient time. India's best schools and training institutes are located in Uttarakhand. Education in the state of Uttarakhand has a sound background, right from the inception of the state.

OUR COMMUNITY AND SCHOOL



Background on your school?

K.L.V.S E-Learning School is one of the few E-Learning Schools in Pune District. The School is situated Yerawada community of Pune District and has one of the best infrastructure amongst different schools which comes under Pune Municipal Corporation (PMC).

How many students and what are their backgrounds?

There are approximately 800 students in the school as of academic year 2020-21 and most of the students belong to the Kanjarbhat, Gandhi Nagar, Jaiprakash Nagar and Laxmi Nagar communities of Yerawada.

What you enjoy about your school.?

The school has one of the best infrastructure in Pune so some of the things that I really enjoy are Indoor games arena, Science lab and the ground where we play cricket and Football with students,

What you hope your students will go on to do in the future?

As most of the students come from under-privileged section of the society so I fear some of them might start working after they pass their 10th standard or even before. For few others whose parents are invested in their learning I hope they will become empathetic and compassionate professionals.



WHAT STUDENTS SAID BEFORE EMPATHY WEEK

"If we don't know any activity then we don't try again to learn or give another attempt, we simply don't do it because we don't know it and we don't have any interest in it" - Sufiyan Ansari (Grade 7th)

(This is in reference to a question asked by the art teacher regarding drawing and some of the students simply refused to even try.)

"I never talk about my feelings and happy moments with my friends and family members" - Baljeet Vardhan (Grade 7th)

"I don't talk to my parents how they are feeling, maybe I should ask them when they come home so they feel good" - Sarthak (Grade 7th)

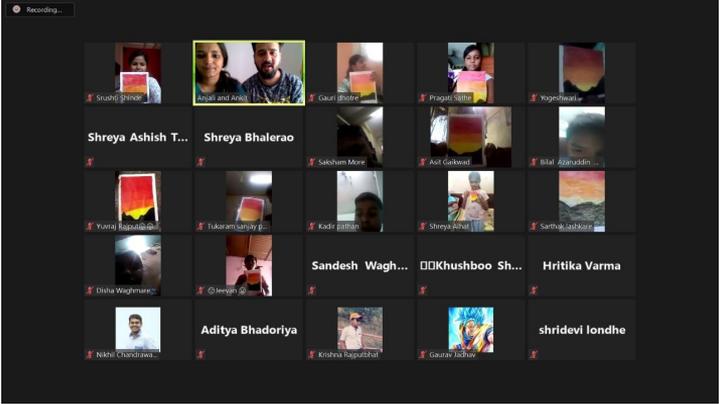
WHAT STUDENTS SAID AFTER EMPATHY WEEK

"After watching all the five films I got to know about the experiences of people who faced different challenges in their lives and how they overcome those challenges. After every film I used to reflect on my journey as a student and how I can achieve success in my life." - Gaurav Jadhav (Grade 7th)

"Bhaiya it is important for us to not to judge any individual in our life" - Sai, Grade 5 Student

"I learned about courage after watching Shu's story" - Gauri Dhotre, Grade 7 Student

PROJECT NAME: DRAWING WORKSHOP BY STUDENTS: (PRAGATI, SRUSTHI, GAURI & SHREYA)

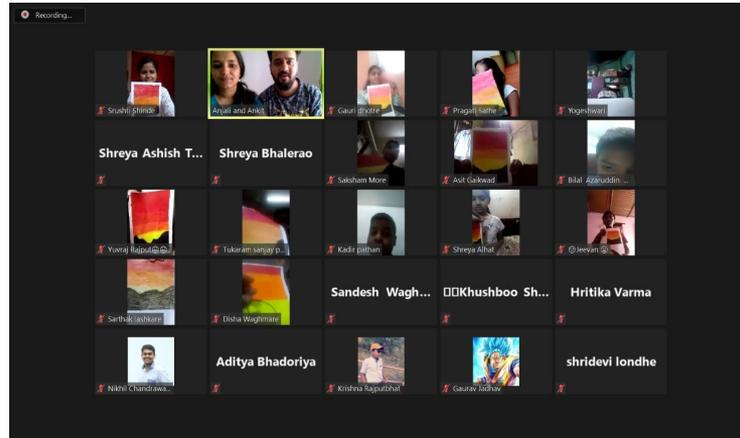


**EXAMPLES OF
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QUOTES FROM TEACHERS ABOUT EMPATHY WEEK

I feel empathy week project has really helped students understand the word better and involve themselves into actions of empathy. It helped students think deeper and think from others perspective.

The discussions during the empathy week sessions helped brought change in the mindset of how these students think about each other now. I liked the interactive participation of our students during the movie week of empathy week. - Anjali Negi (English Teacher)

QUOTES FROM STUDENTS ABOUT EMPATHY WEEK

"Empathy week has lots of beautiful films this year, I loved all the movies as they taught us different things about life like not to judge other people, caring about our family members." - Ankita (Grade 7th)

"Films taught us how it is very important for us to talk about good times and bad times. Every person has good and bad time in their life so we should talk with our loved people, it helps." Vinayak (Grade 7th)

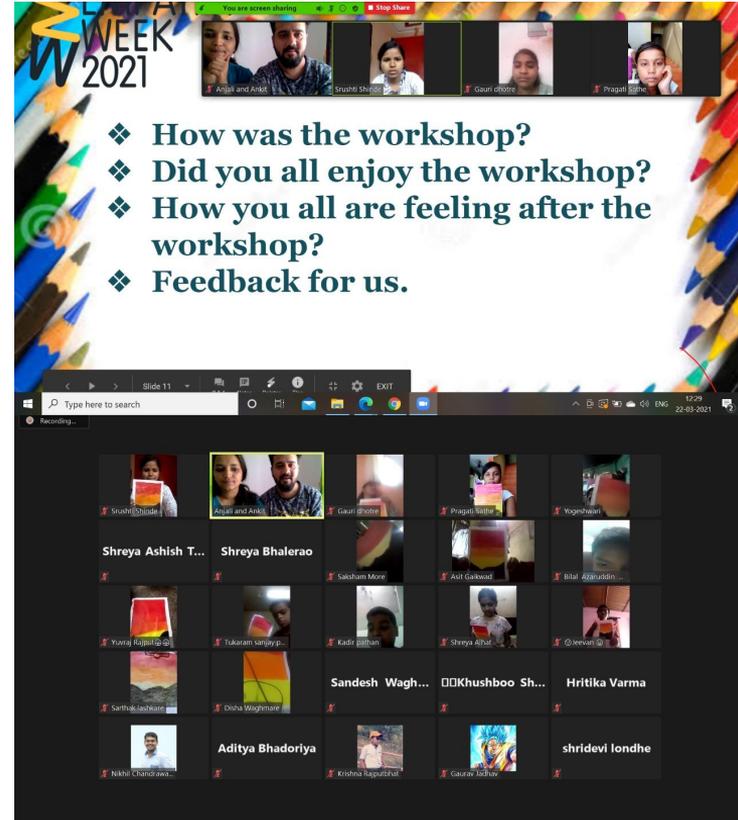
WHAT ARE YOUR HOPES FOR THE FUTURE OF OUR WORLD?

I hope that:

- ❖ Human beings learn to co-exist with other living beings in this planet.
- ❖ All of us become self and socially aware, better manage ourselves, develop meaningful relationship and take informed and responsible decisions.
- ❖ People respect the individuality of a person and they don't judge anyone.
- ❖ Our work is able to bring a change in our society, individuals actively conduct themselves empathetically and practice reflective listening more often.
- ❖ I will be able to create an environment in my classroom wherein students will observe, think, enact and reflect on their actions, wherein they will listen closely to their peers and adults.

HOW WILL YOU CONTINUE TO BUILD THE #EMPATHYGENERATION

- ❖ In my opinion the only way to continue building the #EmpathyGeneration is to make sure that we as Teacher Ambassadors keep amplifying this movement of Empathy Generation everywhere we go.
- ❖ Invest student alumni of Empathy week to keep on spreading the good work of Empathy Week in their communities.
- ❖ Amplifying the projects being undertaken by students as part of Empathy Week Action Project and sharing the update with Empathy week to spread the news using the power of social media.



EXTRA MEDIA FROM THE WEEK

Thought Bubbles:

- How do Pete and his mum remember Paul?
- Why do you think Pete feels it is important for him to talk about him?
- Pete uses sport to give his mental health "a bit of a kick". What do you think he means by this?

Chat:

- From **FreshChubbob Shakti** to Everyone: I
- From **Gauri** to Everyone: Can I
- From **Disha waghmare** to Everyone: can I tal bhayia and didi
- From **Pragati Sathe** to Everyone: Bu
- From **Srushti Shinde** to Everyone: I think by sharing his feelings with each other
- From **Gauri** to Everyone: to see his photo
- From **akash kamble** to Everyone: he was read the diary entry

Let's Play Games

Chat:

- From **Aditya Bhadoriya** to Everyone: I
- From **Pragati Sathe** to Everyone: I
- From **Srushti Shinde** to Everyone: I

What is scenery drawing?

A landscape painting or drawing refers to an artwork whose primary focus is natural scenery, such as mountains, forests, cliffs, trees, rivers, valleys, etc. If you want to learn how to paint landscapes, this section will help you get started!

Chat:

- From **Arjit Negi** to Everyone: Saksham Mong
- From **Pragati Sathe** to Everyone: Payal and baljeet

Feelings Wheel

A circular diagram with 24 segments representing different emotions. The segments are: SHAMEFUL, GUILTY, CONFUSED, WORRIED, UNHAPPY, OPENED, SCARED, ANGRY, NERVOUS, DISRESPECTED, JEALOUS, HATED, DEPRESSED, REFUSED, CONFUSED, WORRIED, UNHAPPY, OPENED, SCARED, ANGRY, NERVOUS, DISRESPECTED, JEALOUS, HATED, DEPRESSED, REFUSED.

Chat:

- From **Gauri** to Everyone: Exactly Sushant Singh Rajput died in 2020 because of depression as he also committed suicide
- From **Gauri** to Everyone: Can I
- From **Pragati Sathe** to Everyone: I am feeling confused
- From **akash kamble** to Everyone: instagram king
- From **Srushti Shinde** to Everyone: I'm feeling positive
- From **akash kamble** to Everyone: suicide
- From **akash kamble** to Everyone: I am feeling confused

